

FOOD SERVICE NEWS

BREAKFAST MENU



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast bagel Fruit Fruit juice	4 Yogurt cup/granola Fruit Fruit juice	5 Egg & cheese biscuit Fruit Fruit juice	6 Long John donut Fruit Fruit juice	7 Cereal Pop tart Fruit Fruit juice
10 Waffles Fruit Fruit juice	11 Breakfast pizza Fruit Fruit juice	12 Chocolate muffin Fruit Fruit juice	13 Cereal bar Fruit Fruit juice	14 Cereal Pop tart Fruit Fruit juice
17 Mini donuts Fruit Fruit juice	18 Breakfast burrito Fruit Fruit juice	19 Cereal bar Fruit Fruit juice	20 Cheese omelet Fruit Fruit juice	21 Cereal Pop tart Fruit Fruit juice
24 Blueberry muffin Fruit Fruit juice	25 Pancake sausage bites Fruit Fruit juice	26 Long John donut Fruit Fruit juice	27 Yogurt cup/granola Watermelon Fruit juice	28 Cereal Pop tart Fruit Fruit juice



USDA is an equal opportunity provider and employer
Menus are subject to change. **MILK served with all meals.**



LUNCH MENU



Choose a salad as an alternate lunch daily (HS & MS only)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Stuffed crust pizza Tossed salad w/ greens Steamed broccoli Pineapple tidbits	4 Hamburger/bun French fries Carrots Tropical fruit	5 Mandarin orange chicken Seasoned rice Oriental vegetables Mandarin oranges Roll & butter (grades 6-12)	6 Chili w/ crackers String cheese Applesauce Cinnamon roll	7 Pizza crunchers Three bean salad Steamed corn Fresh melon
10 Grilled chicken/bun Wedge fries Baked beans Fruit cup	11 BBQ rib/bun Waffle fries Steamed broccoli Peaches	12 Salisbury steak Mashed potatoes & gravy Green beans Applesauce Roll & butter	13 French toast sticks Sausage links HB patty Strawberries & bananas Grape tomatoes	14 Heart shaped chicken nuggets Seasoned potatoes Steamed carrots Tropical fruit
17 Pasta w/ meat sauce Tossed salad w/ greens Vegetable medley Pears Garlic twist (grades 6-12)	18 Popcorn chicken Garlic mashed potatoes Broccoli Peaches	19 Philly beef/bun/ peppers/onions French fries Baked beans Apple wedges	20 Beef taco/veggies/shell Potato cubes Corn Grapes	21 Sausage pizza Lettuce salad w/ greens Green beans Fresh melon
24 Breaded chicken sandwich Sweet potato fries Baked beans Apple wedges	25 Meatball sub Seasoned potatoes Green beans Orange wedges	26 Deli/croissant Fresh baby carrots Baked chips Watermelon	27 Teriyaki chicken Seasoned rice Oriental vegetables Mandarin oranges Roll & butter (grades 6-12)	28 Cheese quesadilla Tossed salad w/ greens Broccoli & cauliflower Strawberries & grapes



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