## FOOD SERVICE NEWS

## BREAKFAST MENU &



















MILK served with all meals.

| MONDAY   | TUESDAY   | WEDNESDAY                                       | THURSDAY   | 1<br>NO SCHOOL                                   |  |
|--|---|---|--|--|--|
|  |   |   |  |  |  |
| 4<br>Breakfast bagel<br>Fruit<br>Fruit juice           | 5<br>Waffles<br>Fruit<br>Fruit juice            | 6<br>Yogurt cup/granola<br>Fruit<br>Fruit juice | 7<br>Cereal bar<br>Fruit<br>Fruit juice            | 8<br>Cereal<br>Pop tart<br>Fruit<br>Fruit juice  |  |
| 11<br>Breakfast pizza<br>Fruit<br>Fruit juice          | 12<br>Long John donut<br>Fruit<br>Fruit juice   | 13<br>Chocolate muffin<br>Fruit<br>Fruit juice  | 14<br>Egg & cheese biscuit<br>Fruit<br>Fruit juice | 15<br>Cereal<br>Pop tart<br>Fruit<br>Fruit juice |  |
| 18<br>Mini donuts<br>Fruit<br>Fruit juice              | 19<br>Breakfast burrito<br>Fruit<br>Fruit juice | 20<br>Cereal bar<br>Fruit<br>Fruit juice        | 21<br>Cheese omelet<br>Fruit<br>Fruit juice        | 22<br>Cereal<br>Pop tart<br>Fruit<br>Fruit juice |  |
| 25<br>Pancake sausage<br>bites<br>Fruit<br>Fruit juice | 26<br>Long John donut<br>Fruit<br>Fruit juice   | 27<br>NO SCHOOL                                 | 28<br>NO SCHOOL                                    | 29<br>NO SCHOOL                                  |  |

## LUNCH MENU 🗂



USDA is an equal opportunity provider and employer. Menus are subject to change.

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | Choose a salad<br>as an alternate |
|---|---|---|--|---|-----------------------------------|
|   |   |   |  | 1<br>NO SCHOOL  | lunch daily (HS &  MS only)       |
| 4 Breaded cheese sticks Green beans Assorted fresh veggies Pineapple tidbits    | 5<br>Breaded chicken/bun<br>Sweet potato fries<br>Cucumbers & carrot<br>stick<br>Oranges                | 6 Grilled cheese Tomato soup Mixed vegetables Peaches                           | 7<br>BBQ rib/bun<br>French fries<br>Baked beans<br>Apple wedges                    | 8 Stuffed crust pizza Tossed salad w/ greens Steamed Broccoli Fresh melon             |                                   |
| 11<br>Chicken drummies<br>Italian pasta<br>Steamed carrots<br>Tropical fruit    | 12<br>Salisbury steak<br>Mashed potatoes &<br>gravy<br>Peaches<br>Roll & butter                         | 13<br>Breaded pork/bun<br>Wedge fries<br>Green bean casserole<br>Pears          | 14<br>Chili w/crackers<br>String cheese<br>Applesauce<br>Cinnamon roll             | 15 Popcorn chicken Seasoned potatoes Steamed broccoli w/ cheese Strawberries & grapes |                                   |
| 18<br>Pasta w/ meat sauce<br>Vegetable medley<br>Pears<br>Garlic twist          | 19 Mandarin orange chicken Seasoned rice Oriental vegetables Mandarin oranges Dinner roll (grades 6-12) | 20 Deli sandwich Fresh baby carrots Baked chips Orange wedges Rice Krispy treat | 21 Philly beef/bun Peppers & onions Buttered corn Mandarin oranges Pumpkin dessert | 22<br>Garlic cheese bread<br>Salad w/dressing<br>Green beans<br>Applesauce            |                                   |
| 25 Breaded chicken drumstick Mashed potatoes & gravy Fruit medley Roll & butter | 26<br>Sausage pizza<br>Lettuce salad<br>Steamed carrots<br>Watermelon                                   | NO SCHOOL   | 28<br>NO SCHOOL  | 29<br>NO SCHOOL   | E<br>R                            |