

FOOD SERVICE NEWS

BREAKFAST MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL —Labor Day	3 Breakfast pizza Applesauce Fruit juice	4 Loaded hash brown Patty Fresh melon Fruit juice	5 Breakfast sandwich (Sausage, egg & cheese) Fruit cup	6 Cereal Pop tart Grapes Fruit juice
9 Blueberry muffin Cheese stick Strawberries & pineapple Fruit juice	10 Cheese omelet Sausage links Pears w/ Blueberries Fruit juice	11 Breakfast bagel Strawberries & bananas Fruit juice	12 Cinnamon breakfast cookie Tropical fruit Fruit juice	13 Cereal Pop tart Banana Fruit juice
16 Breakfast burrito Mandarin orange/ pineapple Fruit juice	17 Pancake sausage egg slider Watermelon Fruit juice	18 Mini donuts Peaches Fruit juice	19 Cinnamon roll Apple wedges Fruit juice	20 Cereal Pop tart Mixed fruit Fruit juice
23 Yogurt w/ granola Orange wedges Fruit juice	24 French toast sticks w/ syrup Sausage links Pears Fruit juice	25 Breakfast slider (Bacon, egg & cheese) Grapes Fruit juice	26 Scrambled eggs Bacon Applesauce Fruit juice	27 Cereal Pop tart Watermelon Fruit juice
30 Long John Pineapple/mandarin oranges Fruit juice				

MILK served with all meals.

LUNCH MENU










USDA is an equal opportunity provider and employer. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL —Labor Day	3 Grilled chicken sandwich Sweet potato fries Cucumbers & carrot sticks Fresh melon	4 Popcorn chicken Garlic mashed potatoes Mixed vegetables Fruit cup Home style biscuit	5 Cheese pizza Lettuce salad w/ greens Buttered corn Grapes	6 Mandarin chicken Seasoned rice Steamed broccoli Strawberries & pineapple
9 Macaroni & cheese Little smokey's Green beans Blueberries & pears Roll & butter (grades 6-12)	10 French toast sticks Sausage links Potato cubes Strawberries & bananas	11 Grilled cheese sandwich Tomato soup w/ crackers Fresh veggies Tropical fruit	12 Mini corn dogs French fries Cauliflower w/ cheese Banana	13 Sloppy Joe / bun Chips Baked beans Mandarin orange/ pineapple Chocolate chip cookie
16 Walking taco Spanish rice Refried beans Watermelon	17 Salisbury steak Mashed potatoes & gravy Peaches Fresh baked dinner roll	18 Cheeseburger/bun French fries Creamed corn Apple wedges	19 Philly cheese steak/bun Peppers & onion Green beans Waffle fries Mixed fruit	20 Pizza crunchers Tossed salad w/ greens Blended vegetables Orange wedges
23 Pig in a blanket Potato cubes Baked beans Pears	24 Meatball sub Tater tots Green bean casserole Grapes	25 Cheese quesadilla Tossed salad Black bean corn salsa Applesauce	26 BBQ rib/hoagie Sweet potato fries Buttered corn Watermelon wedge	27 Pepperoni pasta Fresh veggies Pineapple/mandarin oranges Garlic knot
30 Ham & turkey sub Sun chips Celery & carrots Applesauce/blueberries				

Choose a salad as an alternate lunch daily (HS & MS only)

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SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 No School— Labor Day	3 MS & HS Picture Day! 9/10/JV VB @ Easton Valley— 5:15 & 6:00	4	5 7/8 VB @ Bellevue- 4:00 JV/V XC –Bob Brown Invitational @ Iowa City Kickers Soccer Complex- 4:00 7/8 FB @ Anamosa- 4:00 9/10/JV/V VB @ Bellevue—5:45 & 7:00	6 JV/V FB @ Beckman—5:00 & 7:00	7 Band Car Wash – 8am-3pm  V VB Tournament @ Midland—8:30am 
9 9 VB @ Beck- man—5:00 JV FB @ Vinton Shellsburg—6:00	10 7/8 VB @ Regina- 4:00 7/8 FB vs Mid-Prairie- 4:00 9/10/JV/V VB @ Re- gina-6:00 & 7:15	11 1:00 Early Dismissal– Prof. Development Board Work Session—6pm	12 7/8 VB vs Anamosa- 4:00 9/10/JV/V VB vs Anamosa-5:45 & 7:15	13 V FB @ Cascade- 7:00 	14 7/8 XC–Home-8am JV XC –Home-9am V XC–Home-10am 9th VB Tournament @ Cascade-9am JV VB Tournament – Home—9am
16  9 VB vs Durant— 6:00 Ironman Volleyball -6:00 @ HS Gym Powder Puff-7:30 @ Football Field	17  7/8 FB vs Beck- man—4:00	18  1:00 Early Dismissal– Prof. Development Homecoming Pa- rade @ 6:00 Coronation-6:45 @ Football Field	19  7/8 XC vs Cascade @ Fillmore Fairways- 4:00 V XC vs Cascade @ Fillmore Fairways- 5:00 7/8 VB @ Cascade- 4:00 9/10/JV/V VB @ Cas- cade—5:45 & 7:00	20  Pep Rally in HS Gym—TBA JV/V FB vs Ana- mosa—5:00 & 7:15	21  V VB Tournament @ Springville—8:00 Homecoming Dance – 8-11pm in HS Commons
← Homecoming Week →					
23 9 VB vs Beck- man—6:00 Board Meeting—6:00	24 7/8 VB @ Beckman- 4:00 7/8 XC @ Center Point -Urbana—4:15 9/10/JV/V VB @ Beck- man—6:00 & 7:15	25 1:00 Early Dismissal– Prof. Development	26 7/8 VB vs Ca- manche-4:00 9/10/JV/V VB vs Camanche-5:45 & 7:00	27 JV/V FB @ North- east-5:00 & 7:00	28 7/8 XC @ Anamos- 9am V XC @ Anamosa- 9am 9/10 VB Tournament @ Cascade—9:00am
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NOTICE OF NONDISCRIMINATION—Students, parents, employees, and others doing business with or performing services for the Monticello Community School District are hereby notified that the District does not discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age, sexual orientation, gender identity, or genetic information (for employment) in any of its education programs, activities, or employment opportunities, pursuant to Title IX of the Education Amendments of 1972, Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act, and other applicable state and federal laws. This prohibition on discrimination applies to admission and employment. The District has adopted grievance procedures for processing and resolving formal and informal Title IX sex discrimination and sexual harassment complaints and other discrimination complaints. Inquiries regarding sex discrimination pursuant to Title IX of the District's nondiscrimination policy may be directed to the District's Title IX Coordinator, Todd Werner, 860 East Oak Street, Monticello, Iowa 52310, 319-465-3000 ext.2101, todd.werner@monticello.k12.ia.us; other grievances or complaints related to the District's nondiscrimination policy may be directed to the District's Equity Coordinator, Todd Werner, at 860 East Oak Street, Monticello, Iowa, 319-465-3000 ext.2101, todd.werner@monticello.k12.ia.us. Inquiries related to sex discrimination pursuant to Title IX may also be referred to U.S. Department of Education (attn. Assistant Secretary, Office for Civil Rights; 400 Maryland Avenue Southwest, Washington, DC 20202; 800-421-3481; OCR@ed.gov). Inquiries related to other grievances or complaints may be directed to the Director of the Office for Civil Rights U.S. Department of Education, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661-7204, Telephone: (312) 730-1560 Facsimile: (312) 730-1576, Email: OCR.Chicago@ed.gov